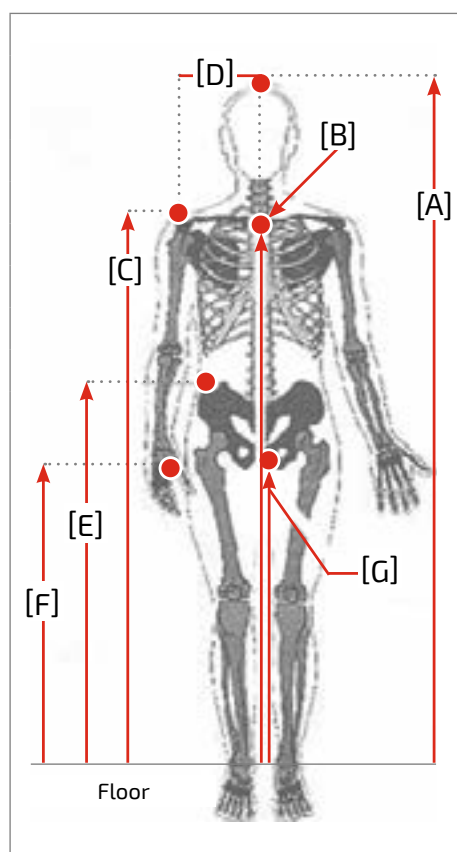


Please send the filled out form back to us
via email to benotti@ax-lightness.de

MTB []	Race []	Triathlon []
Model		
Frame size		
Paint job		
Groupset		
Crank length		
Gear ratio		
Cassette		
Bar Width		
Stem length		
Wheelset		
Accessories		
	Total	



Body measurements		
[A]	Body height	cm
[B]	Sternal head	cm
[C]	Shoulder height	cm
[D]	1/2 shoulder width	cm
[E]	Iliac crest height	cm
[F]	Fist height	cm
[G]	Inner leg length	cm
	Body weight	kg

Notes to measuring:

Get help by another person for the measuring.

- Stand barefooted with your back against a wall and measure your body height [A].
- Palpate your sternal head [B] with your index finger and measure from there to the floor.
- Measure from the shoulder [C] to the floor.
- Measure the shoulder width [D] from the center of the head.
- Palpate the top edge of the hip bone [E] with your thumb and measure from there to the floor.
- Measure from the center of the fist [F] to the floor.
- To measure your inner leg length [G] tuck a spirit level (or a book) between your legs and pull it in direction of your groin. Align the spirit level horizontally and measure from its top edge to the floor.

Adress	
Name	
Street, number	
ZIP code, city	
Telephone	
E-mail	